



## TCMP INTAKE FORM

Today's Date: \_\_\_\_\_

### PERSONAL INFORMATION: \*\*PLEASE PRINT CLEARLY\*\*

Name (first/last): \_\_\_\_\_ Middle Initial: \_\_\_\_\_ Sex: \_\_\_\_\_

Preferred Name: \_\_\_\_\_

Date of Birth: \_\_\_\_\_ Age: \_\_\_\_\_ Sask Health Card #: \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_

Prov: \_\_\_\_\_ Postal Code: \_\_\_\_\_ Email: \_\_\_\_\_

Cell #: \_\_\_\_\_ Home #: \_\_\_\_\_ Work #: \_\_\_\_\_

Occupation: \_\_\_\_\_ Employer: \_\_\_\_\_

Family Doctor: \_\_\_\_\_ Parent/Guardian Name (if under 18): \_\_\_\_\_

Emergency Contact (Name & Phone Number): \_\_\_\_\_

Referred By: \_\_\_\_\_ Referred To: \_\_\_\_\_

You can opt to receive emails/texts to keep you informed of new bookings, changes to existing appointments and reminders for upcoming appointments. Please initial the communication you would like to receive:

\_\_\_\_\_ Emailed notification of new bookings/changes to appointments

\_\_\_\_\_ Emailed reminders 24 hours prior to appointments

\_\_\_\_\_ Text/Email reminders 4 hours prior to appointments

\_\_\_\_\_ Please do not send me any emails/text messages

**NO SHOW/LATE CANCELLATION POLICY:** As a courtesy to other clients, Chiropractors and other providers, I understand that I must give **3 hours' notice** if I cannot make it to my scheduled appointment. Stonebridge Chiropractic will charge me for **missed appointments at the rate of the scheduled visit, billed directly to me**, and is payable prior to my next visit. SGI, WCB and other insurances do not cover the cost of a missed appointment. Please help us serve you better by keeping scheduled appointments. \_\_\_\_\_ (Initial)

**INSURANCE POLICY:** I am aware that it is my responsibility to check with my insurance company and its policies regarding provider and therapist requirements before receiving treatments from any provider at Stonebridge Chiropractic. Stonebridge Chiropractic is not responsible for any treatments not covered by my insurance. **I have read, understood and agree to the above financial policies.** \_\_\_\_\_ (Initial)

Patient Signature: \_\_\_\_\_ Date: \_\_\_\_\_

PLEASE CONTINUE ON OTHER SIDE →

## MEDICAL INFORMATION:

CHIEF COMPLAINT: \_\_\_\_\_

When did the problem begin? \_\_\_\_\_

Medical Diagnosis: \_\_\_\_\_

What other treatments have you tried? \_\_\_\_\_

Have you tried Traditional Chinese Medicine before (circle)? Yes / No Acupuncture: \_\_\_\_\_ Herbs: \_\_\_\_\_

Occupational stress (chemical, physical, psychological): \_\_\_\_\_

Are you on a restricted diet or exercise program? \_\_\_\_\_

Please describe your average diet: \_\_\_\_\_

How many meals do you eat a day? \_\_\_\_\_ Do you have any cravings? \_\_\_\_\_

How many times per week do you use?

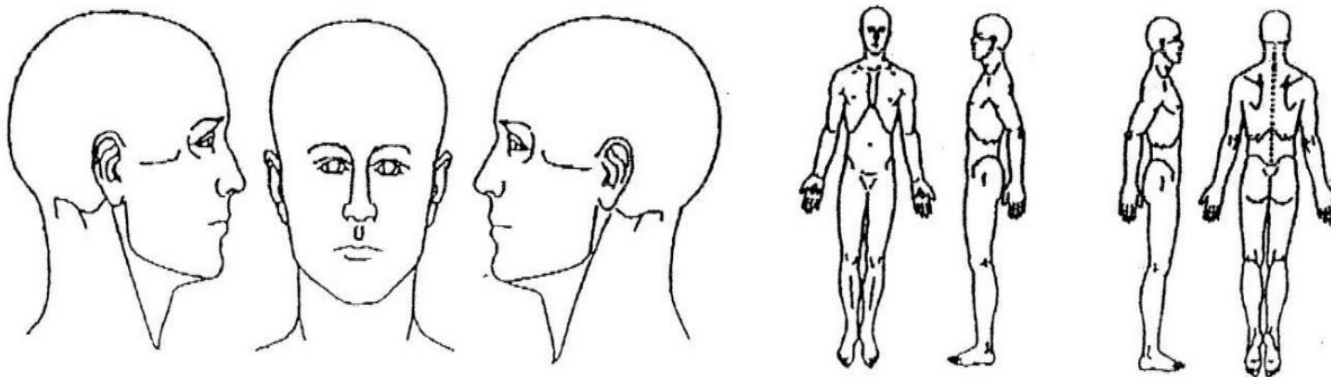
cigarettes \_\_\_\_\_ alcohol \_\_\_\_\_ recreational drugs \_\_\_\_\_ coffee/tea \_\_\_\_\_ soda \_\_\_\_\_

Currently on birth control (circle)? Yes / No Are you currently pregnant (circle)? Yes / No Weeks? \_\_\_\_\_

# of pregnancies: \_\_\_\_\_ # of children: \_\_\_\_\_ # of premature births \_\_\_\_\_ # of Abortions \_\_\_\_\_

Last pap: \_\_\_\_\_ Results: \_\_\_\_\_

Please indicate areas of pain or distress on diagram:



Please list any allergies: \_\_\_\_\_

Please list any medications: \_\_\_\_\_

Please list any supplements: \_\_\_\_\_

## HEALTH STATUS SURVEY:

Please **X the box** for any conditions or symptoms **presently causing** you problems.

Please **check (v) the box** for those conditions or symptoms that you **have had in the past**.

### Eyes/Ears/Nose/Throat

- ☐ Blurry vision
- ☐ Dizziness
- ☐ Double vision
- ☐ Earache
- ☐ Enlarged glands
- ☐ Enlarged thyroid
- ☐ Eye pain
- ☐ Failing hearing
- ☐ Grinding/Clenching teeth
- ☐ Headaches
- ☐ Migraines
- ☐ Ring/buzz in ears
- ☐ Sinus infections

### General Symptoms

- ☐ Bleed or bruise easily
- ☐ Catches cold easily
- ☐ Convulsions
- ☐ Excess sweating
- ☐ Fatigue
- ☐ Fever
- ☐ Generalized pain
- ☐ Headache
- ☐ Loss of weight
- ☐ Night pain
- ☐ Night sweats
- ☐ Often feels cold/hot

### Muscles and Joints

- ☐ Ankle/foot pain
- ☐ Arm/forearm pain
- ☐ Arthritis
- ☐ Elbow pain
- ☐ Hip pain/Painful tailbone
- ☐ Knee pain
- ☐ Loss of strength
- ☐ Low back ache
- ☐ Mid back ache
- ☐ Shoulder pain
- ☐ Sore/stiff neck
- ☐ Wrist/hand pain

### Cardiovascular

- ☐ Angina
- ☐ Bleeding disorder
- ☐ Chest pain
- ☐ Hardening of arteries
- ☐ Heart/blood disease
- ☐ High blood pressure
- ☐ Poor circulation
- ☐ Stroke
- ☐ Varicose veins

### Genitourinary

- ☐ Bedwetting
- ☐ Blood in urine
- ☐ History of kidney/bladder
- ☐ Impotency
- ☐ Kidney infection
- ☐ Kidney stones
- ☐ Pain on urination
- ☐ Prostate trouble
- ☐ Trouble urinating

### Neurologic

- ☐ Clumsiness Fainting
- ☐ Nausea
- ☐ Numbness or tingling
- ☐ Problem speaking
- ☐ Problem swallowing

### Skin

- ☐ Boils
- ☐ Bruise easy
- ☐ Dryness
- ☐ Hives (allergies)
- ☐ Rashes/itching

### Gastrointestinal

- ☐ Belching or gas
- ☐ Constipation
- ☐ Diabetes
- ☐ Diarrhea
- ☐ Excess hunger
- ☐ Feel heaviness after eating
- ☐ Gall bladder trouble
- ☐ Heartburn
- ☐ Hemorrhoids (piles)
- ☐ Indigestion
- ☐ Jaundice
- ☐ Nausea/Vomiting
- ☐ Pain over stomach
- ☐ Ulcer

### Gynecological for Women

- ☐ Clots
- ☐ Cramping/backache
- ☐ Endometriosis
- ☐ Excessive flow/heavy
- ☐ Fibroids
- ☐ Hot flashes
- ☐ Infertility
- ☐ Irregular/absent cycle
- ☐ Light period
- ☐ Lump in breasts
- ☐ Painful menstruation
- ☐ PMS
- ☐ Swollen breasts
- ☐ Vaginal discharge

### Sleep

- ☐ Deep Sleeper
- ☐ Difficulty falling asleep
- ☐ Easily fall asleep
- ☐ Frequent dreams
- ☐ Light sleeper
- ☐ Nightmares/waking up
- ☐ Not rested upon waking
- ☐ Wake up rested

Patient Signature: \_\_\_\_\_

Date: \_\_\_\_\_



## INFORMED CONSENT TO TCMP TREATMENT

### **Patient Information and Consent Form** *(Please read this carefully)*

Acupuncture, and other treatments provided by this clinic have proven to be highly effective in correcting conditions and maintaining overall wellbeing. Practitioners are required to advise patients that there may be some possible risks and complications that could arise with each individual case.

### **What are the possible side effects of acupuncture?**

Drowsiness can occur in a small number of patients, if affected, you are advised not to drive.

Minor bleeding or bruising can occur from acupuncture and cupping.

Symptoms may become worse before they improve for 1-2 days following treatment. This is usually a good sign.

Please advise your acupuncturist if worsening of symptoms continues for more than 2 days. Fainting can occur in certain patients.

### **What are the possible side effects of Chinese Medicine and other treatments provided at this clinic?**

The herbs and nutritional supplements that have been recommended are traditionally considered safe.

### **Is there anything your practitioner needs to know?**

If you have ever fainted. If you have a pacemaker or any other electrical implants.

If you are pregnant.

If you have a bleeding disorder.

If you are taking anti-coagulants (blood thinners) or any other medication.

If you have damaged heart valves or have any other particular risk of infection.

### **Statement of Consent**

I confirm that I have read and understood the above information, and I consent to having treatments and procedures from this clinic. I have read the possible risks of treatment outlined above, but do not expect the practitioner to be able to anticipate and explain all possible risks and complications of treatment. I also understand that I can refuse treatment at any time. I wish to rely on my practitioner to exercise judgment during the treatment which, based upon the facts then known, is in my best interests. I understand the practitioner may review my medical records and lab reports, but all my records will be kept confidential and will not be released without my written consent.

By voluntarily signing below I show that I have read this consent to treatment, have been told about the risks and benefits of treatments provided by this clinic, and have had an opportunity to ask questions. I intend this consent form to cover the entire course of treatment for my present and future conditions for which I seek treatment.

### **Privacy Policy**

The information received and collected about our clients/patients from their visits to Stonebridge Chiropractic is strictly private and confidential. It is used and viewed only by the healthcare professionals and staff employed by Stonebridge Chiropractic. Stonebridge Chiropractic will not give, share, sell, or transfer any personal information to a third party unless required by law. Under absolutely no circumstances would this communication happen without the signed consent of the client/patient.

Print name in full (Print name of representative if represented by another) \_\_\_\_\_

Patient Signature: \_\_\_\_\_ Date: \_\_\_\_\_